

ශ්‍රී ලංකා විභාග දෙපාර්තමේන්තුව ශ්‍රී ලංකා විභාග දෙපාර්තමේන්තුව ශ්‍රී ලංකා විභාග දෙපාර්තමේන්තුව ශ්‍රී ලංකා විභාග දෙපාර්තමේන්තුව ශ්‍රී ලංකා විභාග දෙපාර්තමේන්තුව  
 இலங்கைப் பரீட்சைத் திணைக்களம் இலங்கைப் பரීட்சைத் திணைக்களம் இலங்கைப் பரීட்சைத் திணைக்களம் இலங்கைப் பரීட்சைத் திணைக்களம் இலங்கைப் பரීட்சைத் திணைக்களம்  
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අධ්‍යයන පොදු සහතික පත්‍ර (සාමාන්‍ය පෙළ) විභාගය, 2020  
 கல்விப் பொதுத் தராதரப் பத்திர (சாதாரண தர)ப் பரீட்சை, 2020  
 General Certificate of Education (Ord. Level) Examination, 2020

ගෞ ආර්ථික විද්‍යාව I, II  
 மனைப் பொருளியல் I, II  
 Home Economics I, II

Home Economics II

\* Answer five questions only, selecting the first question and four others.  
 \* First question carries 20 marks and each of the other questions carries 10 marks.

1. Study the following case and write short answers to the given questions.

A family consists of a father, mother and two adolescent daughters. As the father is employed overseas, mother with the two daughters live in grand mother's house. The daughters both being school prefects, take part in drama and sports as extra curricular activities. They are members of the school debating team too. The mother runs a catering service at home and the two daughters support her in its money management.

The grandmother who is suffering from diabetes, is talented in constructing garments and accessories thus engages in sewing garments for the two daughters. As this house is of limited space the living room is also used for garment construction. The accessories constructed by her enhance the beauty of the house.

- (i) Write two points one each, the grand mother should consider in selecting and consuming meals prepared for the members of the family.
- (ii) Plan a meal for the snack suitable for the daughters to take to school.
- (iii) Chicken mixed vegetable fried rice is prepared by the mother for the catering service. State four nutrients supplied by this meal.
- (iv) Name a preserved food suitable to accompany the above meal and write three ingredients used in its preparation.
- (v) Write four surface decorative methods that could be used for daughters' garments.
- (vi) Draw a design for a wall decoration that could be constructed by using remnant pieces of cloth.
- (vii) 'The two daughters have developed good personalities.' Give two examples from the paragraph to justify this.
- (viii) Quote two instances from the above paragraph which favour the language development of the daughters.
- (ix) Mention two points they should follow in the money management of the catering service.
- (x) State two facts they should consider when organizing the living room for garment construction as well.

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2. (i) State **three** reasons for the suitability of cotton fabrics for infant garments.  
 (ii) Write **three** features that should be present in the patterns used in decorating those garments.  
 (iii) Write **four** facts to be considered in providing comfortability in constructing infant garments.
3. (i) State **three** steps that should be followed while storing fish in a refrigerator that was bought from the market.  
 (ii) Write **three** functions of protein.  
 (iii) Write **four** harmful effects of including excessive fat in the diet.
4. (i) Mention **three** characteristics that could be identified in a spoiled food.  
 (ii) Write **three** steps to be followed in preparing jam at home.  
 (iii) List **four** points that should be included in the label of this packaged food when introducing to the market.
5. (i) State **three** points that should be emphasised in drawing house plans.  
 (ii) Mention **three** points to be considered in planning and organizing a bed room in a house.  
 (iii) Write **four** measures to be taken to conserve electricity at home.
6. (i) Mention **three** motor abilities shown during infancy.  
 (ii) Write **three** points to be considered in serving prepared meals for a child of one year.  
 (iii) Write **four** food habits that should be inculcated by a pregnant mother.
7. (i) State **three** points to justify the importance of breast feeding to the mother.  
 (ii) Mention **three** secondary sex characteristics shown by a male adolescent.  
 (iii) Write short notes on the following.
  - (a) testes
  - (b) period of embryo

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